

ASSISTING OLDER PEOPLE TO START BASIC DISASTER PLANNING



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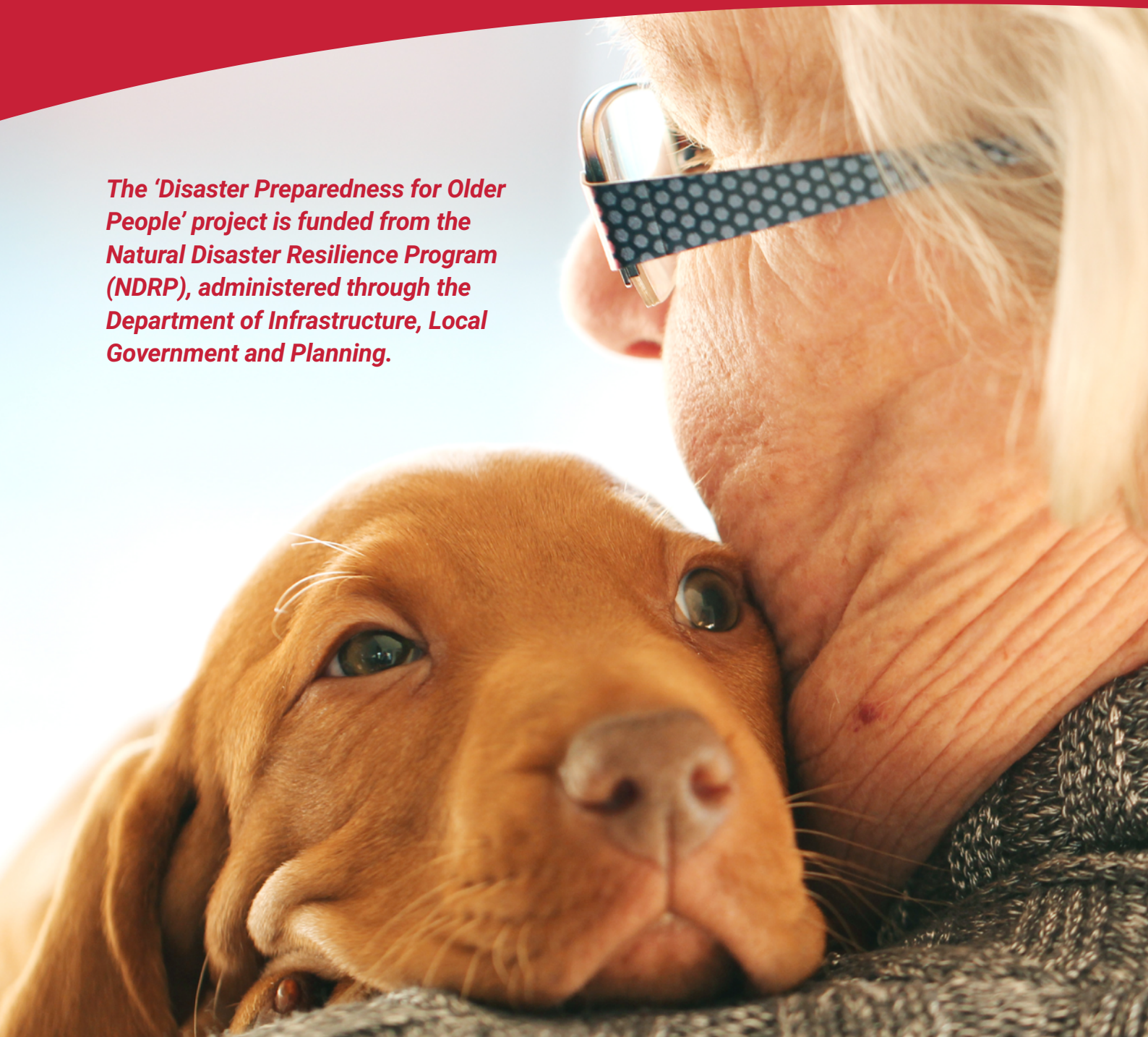


Australian Government



Queensland
Government

The 'Disaster Preparedness for Older People' project is funded from the Natural Disaster Resilience Program (NDRP), administered through the Department of Infrastructure, Local Government and Planning.

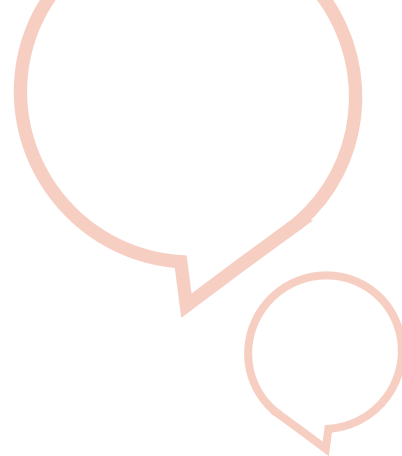


BACKGROUND

This tool has been developed by Volunteering Queensland and key partners as a part of the **'Disaster Preparedness for Older People'** project. It assists agencies that are providing services to older people in their own homes, to support their clients in developing a basic evacuation and/or disaster preparedness plan. If clients are receiving a home care package their providers should be working with them in relation to preparedness for an emergency event, and consider an individualised plan which would include information on such things, such as pets.

It is hoped that following the development of their clients' basic disaster preparedness plan, then agencies will also seek local support for their clients to further mature this basic approach.

It is recommended that community services consider engaging with additional people and organisations, such as their client's family, friends and local Red Cross to complete a more comprehensive plan with these clients.



USEFUL RESOURCES	URL
Queensland Fire and Emergency Services	qfes.qld.gov.au
Get Ready QLD Fact Sheets	getready.qld.gov.au/be-prepared/
Emergency Volunteering Resources Emergency Volunteering Disaster Ready Index Emergency Volunteering Disaster Ready Communities	emergencyvolunteering.com.au/qld emergencyvolunteering.com.au/dri emergencyvolunteering.com.au/drc
Australian Red Cross REDiPlan Australian Red Cross - Register. Find. Reunite	redcross.org.au/prepare register.redcross.org.au
Bureau of Meteorology Alerts and Warnings	bom.gov.au/australia
State Emergency Service (SES)	ses.qld.gov.au
Standard Emergency Warning Signal	disaster.qld.gov.au/Warnings_and_Alerts/Pages/about_sews.aspx

PERSONAL ASSESSMENT

BASIC DISASTER PLANNING WORKSHEET



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NOTE: This is a basic questionnaire. The Australian Red Cross 'REDiPlan' and Queensland Government 'Get Ready Queensland' websites provide more in depth information and templates to develop individual plans for elderly people.

NAME OF AGENCY

NAME OF CARER

WELLBEING

1. If I receive a community service through My Aged Care – have I or my carer completed my 'Emergency Care Plan'? Available at www.agedcare.health.gov.au/older-people-their-families-and-carers/caring-for-someone/emergency-care-plan

Yes

No

2. What would I do if I had no electricity for 3 days?

3. Would I have enough food and water for myself and my pets to last at least 3 days? Does this food require refrigeration or heat to cook?

4. What about my medication? Does it need refrigeration? Would I have enough to last for up to one week if I couldn't reach a chemist shop?

5. Is there anyone nearby who would be able to help me (and my pet)? Who are they? What is their name, address and phone numbers?

RESPONSE PLANS

6. Where would I go if I needed to evacuate from home?

Family Friends Evacuation Centre Other

7. If I was to go to family and friends, what are their names, address and contact details?

8. What would I need to take with me if I had to leave my home?

9. Are my pets included in my emergency plans?

Yes No

10. Do I have an evacuation kit ready for when I may need to leave home quickly?

Yes No

11. Does it contain items including a First Aid Kit, radio, torch (spare batteries for radio, torch and/or medical aids) mobile phone and charger, essential medications and prescriptions, important documents in a sealed bag, cash, toiletries and sanitary supplies?

Yes No

SUPPORT NETWORK

12. How able and mobile do I think I would be in a disaster?

I can fully take care of myself I would need a fair degree of assistance
Could help myself but would need a little assistance Totally would depend on someone else

13. If I need assistance – who will provide that assistance? (Name, address and contact details)

14. Have I discussed these plans with my family and neighbours?

Yes No

15. Do I have a list of important phone numbers – family, friends, neighbours, emergency services, utility suppliers, medical providers, insurance, SES?

Yes No

16. Where do I keep that list?

17. Do I have sufficient insurance to cover home repairs, contents, alternative accommodation, etc?

Yes No - contact my insurance agency



make a difference



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